

IPS Newsletter

News and updates from the Institute of Policy Studies, Universiti Brunei Darussalam

RESEARCH

Internationalisation in Brunei's Higher Education and its Policy Implications: Case Study of UBD

Page 3

TEACHING

MPPM Students' share their experiences in the United States as the COVID-19 pandemic continues

Page 8-9

SERVICES

The Māwardi Global Classroom opens its doors for the first time, welcoming students of the Madīnian Polity

Page 10

The Role of Hydrogen in ASEAN's Energy Transition

Thursday, 20th February 2020

- As the world faces ever-rising global temperatures, combined with Southeast Asia's inherent vulnerability to its exacerbating effects, demands new and efficient ways to meet energy needs in the region in order to ensure its sustainable future. Declining hydrogen production costs and strengthening climate change policies, supported by increased international cooperation, has renewed interest in the viability of hydrogen fuels.

In response to this, ASEAN Member States (AMS) have individually committed to participate in the Paris Agreement, an international effort to pin global warming below the 2 degree Celsius threshold above pre-industrial levels. As an effort to meet this overarching objective, many AMS have undergone their own hydrogen-based energy production.



A collaboration between the Institute of Policy Studies (IPS), the Centre for Advanced Material and Energy Sciences (CAMES), the Brunei National Energy Research Institute (BNERI),

and the Economic Research Institute for ASEAN and East Asia (ERIA) has led to the organisation of a seminar aimed to jumpstart large-scale hydrogen-based technologies in the region.

22



World's
TOP-RANKED
YOUNG UNIVERSITIES



78

In his opening speech, the Guest of Honour, Yang Berhormat Dato Seri Setia Dr Awang Haji Mat Suny bin Haji Md Hussein, the Minister of Energy, Brunei Darussalam, highlighted on the regional and international concerted efforts needed to drive further breakthroughs in hydrogen technology, stating that the viability of hydrogen as a reliable and clean source of energy for the region. This will depend on affordability, infrastructure and access.

The Ministry of Energy is actively exploring alternative energy developments, such as hydrogen energy, as part of efforts to diversify the nation's energy mix for long-term energy security. Brunei Darussalam's first pilot hydrogenation plant operated by the Advanced Hydrogen Energy Chain Association for Technology Development (AHEAD) in Sungai Liang Industrial Park began operations in November 2019 and has since been exporting hydrogen to Kawasaki, Japan to test hydrogen energy transportation



through conventional shipping methods as part of a global hydrogen energy supply chain demonstration project.

During the seminar, the participants reviewed AMS' policies and challenges on the role of hydrogen in the transition towards low-carbon energy system, and hydrogen demonstration projects implemented by

the ASEAN Member States, as well as documented current challenges and lessons learned from these pilot projects. As part of the discussion, the seminar also deliberated on possible activities that can be supported at the ASEAN level in order to promote investments and deployment of hydrogen fuel and technologies in the region.

RESEARCH - PUBLICATION

Brunei Darussalam: Shifting to a Hydrogen Society

Dr Romeo Pacudan heads the Energy Policy programme in the IPS. He recently co-published a report on Brunei's transition to a hydrogen-fuelled society. Brunei has started to produce hydrogen, called SPERA Hydrogen, from processed gas to be generated during the production process of liquefied natural gas (LNG) and has been exporting it to Japan since 2019. Hydrogen is classified as clean energy because no carbon dioxide (CO₂) is emitted after its combustion and it is therefore expected to be used globally in the future. Brunei's

CO₂ emission is mainly from road transport due to high consumption of gasoline and diesel oil, and power generation which relies on the consumption of natural gas. If Brunei could shift from oil and gas to hydrogen, it could drastically reduce CO₂ emissions. This means that hydrogen could be sustainable energy or technology for Brunei, but hydrogen's much higher supply cost than that of oil and gas is still an obstacle to such a shift. The report suggests that if hydrogen demand will be more than 70,000m³ per hour, the hydrogen supply cost

at a refuelling station of 1,000 Nm³/h will decline to around US\$0.80/m³. Considering the two major benefits of hydrogen, which are a reduction of CO₂ emissions and savings in oil and gas consumption, hydrogen's supply cost of US\$0.80/m³ could possibly be acceptable in Brunei.

Citation: Kimura, S., Ikeda, O., Ipponsugi, H., Miyasugi, T., Kim, S., Pacudan, R., Matussin, M.N.F (2020) Brunei Darussalam: Shifting to a Hydrogen, Economic Research Institute for ASEAN and East Asia (ERIA), Indonesia

RESEARCH - PUBLICATION

Brunei Darussalam Energy Consumption Survey: Residential and Commercial and Public Sectors

Another co-written publication by Dr Romeo Pacudan is on Brunei's energy consumption. Brunei is rich in energy resources such as oil and gas, but its total final energy consumption increased significantly, by 3.4% per year, in 1990–2015, while the GDP grew by an average annual 2.9% over the same period. Total final energy consumption is forecasted to grow by 7.4% per year in 2015–2040, with an assumed GDP growth rate of 5.6%. Energy elasticity to GDP was and will be more than 1. Brunei Darussalam, therefore, needs to promote energy

efficiency and conservation (EEC) in residential and commercial activities, where electricity demand will continue to grow more strongly than demand for gasoline and diesel oil as transport fuel. Policymakers on energy efficiency must then know their current energy consumption situation and level. ERIA supported the Ministry of Energy and BNERI in conducting the Brunei Darussalam Household Energy Consumption Survey (BDHECS) in 2015 and the Commercial Buildings – Brunei Darussalam Energy Consumption Survey (C-BDECS) in 2018.

Citation: Kimura, S., Pacudan, R., Matussin, M.N.F., Meng, L.S., Haji Abdul Wahab, A.S., Haji Muhd Kasim, A.M., Haji Mohammad Ali, A.S., Haji Mat Yassin, M.A.M.F.H. (2020) Brunei Darussalam Energy Consumption Survey: Residential and Commercial Public Sectors, ERIA, Indonesia.

**RESEARCH - PUBLICATION**

Internationalisation in Brunei's Higher Education and its Policy Implications: Case Study of UBD

The IPS academic staff members recently published a paper on the Internationalisation in Brunei's Higher Education and its Policy Implications: Case Study of Universiti Brunei Darussalam.

The international dimension of higher education has evolved into a central feature of Brunei's higher education sector. Despite the many benefits of internationalisation to students, host universities and host countries, challenges remain. While the internationalisation process has become the norm in the education sector, its outcomes and impacts are complex to measure as they are clearly understood in broad and different ways. One can argue that higher education has become part of globalisation

but the success of progress made in internationalisation depends on higher education institution's strategic goals and priorities operating within specific contexts and environments, and their rationales for internationalisation. For example, the use of technology in education has not been adequately addressed in the literature as a rationale for internationalisation and no study has looked into the internationalisation process and policy in Brunei context.

Therefore, this paper examined the motivations behind UBD's internationalisation goals, and the ways UBD aligns their internationalisation strategies with the country's Wawasan 2035. The use of secondary sources of data

and semi-structured interviews were employed to achieve the objectives of the study.

The results showed that the growing need for new and improved IT infrastructure, collaborative high impact research thrusts, and internationalisation of the curriculum (to list a few) – have posed new thoughts and challenges to the landscapes of Brunei's higher education.

Citation: Hamdan, M., Ahmad, N., Jaidin, J. H., & Anshari, M. (2020). Internationalisation in Brunei's Higher Education and Its Policy Implications: Case Study of Universiti Brunei Darussalam, TEST: Engineering & Management, 83, pp. 764-779.

RESEARCH - PHD IN IG

Duo PhD in Islamic Governance Completed Viva

Saturday, 6th June 2020 - After years of hard work and intensive research, two PhD candidates in Islamic Governance programme underwent the gruelling 'Viva Voce' examination. In this exam, candidates are expected to present their thesis to internal and external examiners, as well as their academic peers overlooking the proceedings.

The IPS international student Mr Abdul Halim Bin Abdul Karim, was first to present his thesis on *The Knowledge-Based Economy in an Islamic System of Governance: The Khaldunian Perspective*. An important focus of this research is the idea of Knowledge as an economic resource and its implications for *ḥifz al-'aql* and *ḥifz al-māl* in the context of Islamic Governance. The significance of the study and relevance rest in our knowledge of Islamic Governance by leveraging upon Khaldūnian thought,



specifically regarding the dynamics between knowledge and economics. Such understanding then sheds light upon the challenges and opportunities of the knowledge-based economy.

Two weeks later, a local student Mr Majdey Zawawi followed by presenting his thesis on the *Power Dynamics between Religious and State Authorities: The Case of the Four Mujtahid Imams*, once again in the Māwardi Global Classroom. This study constructs a composite picture of the various power dimensions in order to compose a cohesive explanation of the relational dynamics between the two most critical players in Muslim politics: the *'ulamā* and the State.

The findings of this research showed that there are six (6) power currencies constructing the relational dynamics between the *'ulamā* and the State. The power currencies are based on conflict management studies, particularly using RICE (resource control, interpersonal linkages, communication skills, expertise). This research found two additional currencies: lineage and location, as part of the contribution to knowledge. These power currencies can be categorised into three types: some are mutually exclusive; mutually contributory; and mutually disruptive. Interestingly, it is the mutually disruptive power types that causes the tensions leading to the conflict between the four Mujtahid imams and the state.



POWER CURRENCIES:
Resource Control
Interpersonal linkages
Communication skills
Expertise
+ Lineage
+ Location

TEACHING - IPS SEMINAR SERIES

Coping with Change: Problems, Solutions and Challenges in Public Policy

Wednesday, 12th February 2020 - Visiting all the way from Ontario, Canada, Professor Ahmed Shafiqul Huque presented the challenges in public policy. Drawing from his research at the

Department of Political Science at McMaster University, Professor Ahmed briefly introduced what public policy is, and how it serves to formulate plans and programmes to provide public



services and assist in governance. He stated how a routine and essential activity all governments must roll out policies. However, governments are not the only actors within the policy sphere. NGOs, academic think-tanks and everyday citizens also contribute in a variety of ways.

The most challenging aspect of policymaking is the pressure of a high degree of uncertainty with rapid changing contexts over time. For this reason, he argued that the best solutions must be conducted scientifically and rationally, and must be followed up to ensure policy adoption and implementation.

Professor Hague ended his presentation by saying that, regardless of the approach taken, identifying and solving changing problems remains a challenge - requires policy-makers to be vigilant and anticipatory.

TEACHING - DEFENCE ACADEMY

International Trade, Cross-Border Value-Addition Activities and Global Innovation Networks

Wednesday, 24th June 2020 - The IPS and ILIA invited Dr Ren Chong Lim as a guest speaker, to give his lecture on International Trade, Cross-Border Value-Addition Activities and Global Innovation Networks, at the Defence Academy, as part of Asia Strategic Environment Studies (ASES) module for the Command and Staff Course 10. Dr Ren Chong Lim is a Lecturer at the Centre for Advanced Materials and Energy Sciences (CAMES). His current research interests include mechanisms of ion-transport within nano-biomolecular machines and across two-dimensional materials.

In his lecture, he mentioned how cross-border trading activity has resulted in longstanding wealth for Brunei Darussalam. However, there are factors contributing towards Brunei's trading activities which are yet to be aligned with the Wawasan 2035.

Participation in international trade activities in order to attract more foreign direct investment will lead to more employment opportunities, which in turn provides revenue generation with economic diversification deriving income from knowledge-based industries.



With innovation, value creation leads to a diversity of choices for consumers through supply which generates demand, and this leads to sustainable market share.



TEACHING - SEMINAR SERIES

Islamic Governance: Managing Science, Technology and Innovation

Wednesday, 11th March 2020
- PhD candidate and former science, technology and innovation (STI) practitioner, Mr Abdul Halim Abdul Karim, presented his topic on Islamic Governance and STI. He began with an overview of competitive advantage, and how nations are

seeking to gain this advantage over their international counterparts.

In the seminar, he highlighted how investment in STI is substantive, but its return are uncertain and long-termed. However, to lag behind in STI can be disastrous, and nations cannot afford to fail

in this industry. Moving deeper into his research, he posed questions and issues regarding the problems of STI governance. This includes topics such as understanding of STI impact on society, economics, environment and globalisation from the Islamic governance perspective.

However, arguably the most interesting point highlighted in the presentation was the side-by-side overview of STI strategies between seemingly similar nations. For instance, contrasting objectives between the United Kingdom and South Korea. The former expands the frontiers of knowledge for its own sake, contrasted with the latter, which invests in STI for specific and generally economic objectives, such as creating job opportunities and developing innovation ecosystem.

He also examined the roles of culture, governance and policies within Muslim nations, and referred to the case of Bayt al-Hikmah as an inspiration for the way forward for Muslim countries and STI development.

THE JOURNAL OF
**ISLAMIC
GOVERNANCE**

Calling all interested individuals to submit a **Journal Article** or **Thought Paper**

Visit islamicgovernance.org for more info

TEACHING - DEFENCE ACADEMY

The Opening Ceremony of the 10th Command and Staff Course

Thursday, 9th January 2020 - The 10th series of the Command and Staff Course commenced with an opening ceremony held at the Defence Academy, Royal Brunei Armed Forces (RBAF). The event was officiated by Major General Pengiran Dato Paduka Seri Aminan Bin Pengiran Haji Mahmud, Commander of RBAF. Also present were Puan Hajah Rubiah Binti Haji Yacob, Acting Vice-Chancellor of Universiti Brunei Darussalam; Deputy Permanent Secretary of the Ministry



of Defence; Senior Officers, as well as, the international ambassadors in Brunei. Marking the second year of UBD as the main academic provider to the Academy, the course received a total of 37 students, with 15 international military officers from around the world, covering from Australia,

Bangladesh, China, Indonesia, Malaysia, New Zealand, Oman, Pakistan, Philippines, Saudi Arabia, Singapore, Thailand and the United States. Local officers were from every branch of the Brunei Armed Forces, topped off with officers from Royal Brunei Police Force and Ministry of Defence.

TEACHING - DEFENCE ACADEMY

Two Visiting Staff for Security and Strategic Environmental Studies

Dr Eric Frecon is a Coordinator of the Southeast Asia Observatory, Asia Centre in Paris, research consultant on the Stable Seas Programme- One Earth Future Foundation, and Adjunct Fellow for the French Naval-Academy, Research Institute for Contemporary Southeast Asia and Institute for Strategic Research-Military School in Paris. He is currently a member on the Council for Security Cooperation in the Asia-Pacific European



Union; ASEAN-China Norms: China's Rise and the New Social Norms in Southeast Asia; and member of the Board of Directors of the Asian Vision Institute. Joining him is Dr Bernard Loo Fook Weng, a senior fellow with the Military Studies Programme, and concurrently Coordinator of the Master of Science (Strategic Studies) Programme. He is an honorary member and editorial board for Taiwan Defense Affairs. His areas of expertise are Defence



Policy, Evolution of Warfare, Strategic Theory, Conventional Military Strategies, Strategic Problem of Small Powers; and Problems and Prospects of Military Transformation. He is the author of Medium Powers and Accidental Wars: A Study in Conventional Strategic Stability, and his edited volume, Military Transformation and Operations, was translated for the Taiwanese military.

TEACHING - MPPM

MPPM Students Share their Experience Abroad in the US

The second semester of academic year 2019/2020 marked a new chapter for five Master of Public Policy and Management (MPPM) students who flew off to begin their study abroad in the United States. Local students, Colonel Haszahaidi Bin Haji Ahmad Daud and Masridah Binti Awang Haji Mahmud, made their journeys together to the University of California, Berkeley. Two international students, Mas Liza Binti Mazlan from Malaysia and Mastulah Nakalule from Uganda, went to Georgetown University. Only Fayiz Badran from Jordan travelled alone to Duke University in Durham, North Carolina.



"It feels good to be in the United States of America, the first impression arriving in January: it's very cold. I kept thinking about my MPPM colleagues separated to other universities. However, such feelings have not lasted, as I started my semester in Sanford School at Duke University, one of the most leading schools of public policy in the world. despite the unpleasant pandemic of COVID-19, I managed to attend all classes and complete the semester with online study. I would say it's a very unique opportunity provided by the help of my faculty IPS, I shall remain grateful for.

Fayiz Badran from Jordan

"The USA Semester, at Georgetown University, exposed me to a team of dedicated professors who, together with a thriving graduate student community, made learning very exciting.



"One particular Elective class, Women and Leadership, shaped me into a great future woman leader. The impact of COVID-19 dictated switching to online classes, a challenging experience which denied me face to face interactions with professors, study discussions with classmates at coffee shops and access to the University Library. However, I gradually managed to optimise my efforts with the new norm and successfully completed the program. Alhamdulillah, UBD is indeed, genuinely interested in the individual success of every student."

Mastulah Nakalule from Uganda



"I was fortunate to experience studying at the University of California, Berkeley amid COVID outbreak starting the second week of March 2020. Prior to that, the environment setting was completely different with no restrictions set in place allowing students including myself to roam at the campus and the city freely.

The adaptation of 'Shelter In Place' and 'Stay At Home' orders mandated by the State Government was rather challenging at first. As time passed by, I eventually adjusted to the new norm practising social distancing, wearing masks and remote distance learning. I also received constant support from the Brunei Embassy, University of California Berkeley and Universiti Brunei Darussalam amid the pandemic outbreak."

Masridah Mahmud from Brunei





“My experience studying at the University of California (UC), Berkeley has been everything that I have imagined. Although the pandemic broke out while I was there, Berkeley still provided my family and an infinite supply of sweet memories that we will cherish forever. The professors of the Goldman School of Public Policy were friendly and fun to work with. They were all experts in their own area of interest and were very knowledgeable. They were very open-minded and they

all were good listeners too. Discussion sessions were never boring and they were very supportive. UC Berkeley is a very inclusive school and I always felt welcomed with open arms.

Both international graduates and the local graduates got along really well. UC Berkeley has a huge and beautiful campus. My family and I enjoyed taking long walks as it offered beautiful sceneries. Taking long walks around the campus with my family was one of my favourite activities that we did on a regular basis. Besides the beautiful sceneries for long walks within the campus, Berkeley itself offers great tracks for runs and hikes. It is also very family-friendly. Another big perk of living in Berkeley is that it is very convenient to take trips to other famous cities like San Francisco.

In the midst of the pandemic, UC Berkeley decided to suspend in-person classes to minimise face-to-face interaction. To support our learning, they conducted online classes instead. The university went above and beyond to support our learning through the crisis.”

Haszahaidi Daud from Brunei



POLICY ANALYSIS

Dr Romeo Pacudan & Ms. Norainie Ahmad

22 August - 7 November 2020

9:00AM - 12:00PM (Every Saturday)

Mashawah Room, Institute of Policy Studies

Registration Fees:

Public BND\$500

UBD Alumni BND\$300

UBD Staff & Currently Enrolled UBD Students BND\$150

Closing date:
20 August 2020

Cash payments can be made at the Finance Counter, Ground Floor, Administrative Block, UBD. For online payments, please visit <https://ubd.edu.bn/onlinepayment/ips-policy-analysis-workshop.html>

For more inquiries, please contact romeo.paducan@ubd.edu.bn | norainie.ahmad@ubd.edu.bn
and for payment inquiry, please contact bazilah.irwan@ubd.edu.bn

SERVICES - LECTURE THEATRE

The Māwardi Global Classroom



Everything from the aircon ducts to the frame itself was gutted, with wiring lines embossed into the concrete itself to allow for a clean finish. The carpet too was peeled off to allow installation of dozens of laminated and waterproof hardboard planks.

Every aspect of the lecture theatre has been meticulously designed and tested by Concert Works to ensure full ergonomic usability with strict safety measures. Everything from disability access, fire exit routes, to traffic movement was considered deeply. There are multiple access points to any seat, meaning users will not have to deal with the awkward shuffling through the crowd to find a spot.

The space was formerly used as a common meeting room. With the majority of furniture from the room relocated to another location, the renovation began at the end of 2019 - by the turn of the new year, construction began. The Māwardi Global Classroom was completed for the second half of the year.



Monday, 20th June 2020 -

The Māwardi Global Classroom (MGC) is the product of a major overhaul and renovation spearheaded by Senior Professor of Islamic Governance Amin Abdul Aziz and the project was completed by local start-up Concert Works.

The MGC is entirely privately-funded. The room was named to honour one of Islam's greatest scholars, Imam Māwardi. The Basrah-born constitutional jurist and diplomat developed one of the earliest and most important formulations of Islamic political theory underpinning an Islamic system of governance.

In just over three months, the MGC transformed an ageing meeting room to a sleek and modern lecture theatre. The MGC's aesthetic is dominated by lighter shades; with pine-coloured desktops and flooring, flanked by snow-white walls and ceilings.

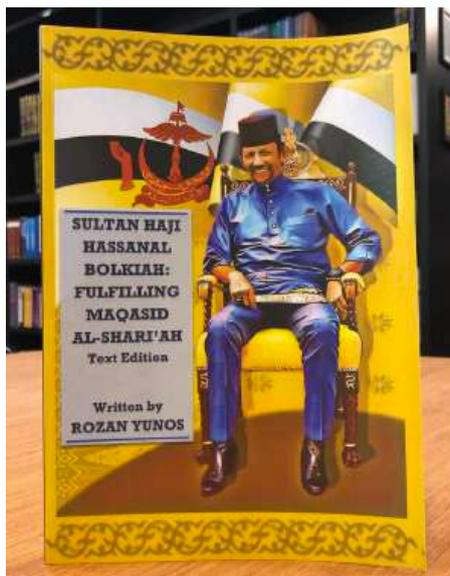
The lecture theatre was designed to ensure that the environment feels as spacious as possible, while focusing towards its central presentation wall. The formerly tiled ceilings were scrapped to further increase the users' perception of space, as well as to provide the upper platforms with some vertical room.

The most important aspect is the room's capability to operate as a global classroom. Internet access is cable-ready, with multiple connection options to ensure users will always have access. This was put to the test in May and June when the IPS hosted its popular Madīnian Polity: Visions of Islamic Governance module. UBD alumni, staff, students, private and public officers, both physically and virtually attended the programme almost every night for over two weeks - marking the start of a shift towards blended learning.

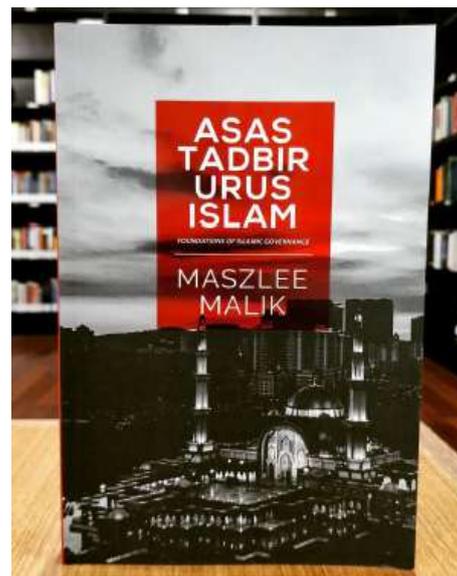
SERVICES - LIBRARY

The Latest Additions to the HART Library

Almost every month, the Institutes' in-house library takes in from half a dozen to over a hundred new additions to its inventory ranging from temporal books to theological texts. To highlight, we begin with a title by renowned local historian, Rozan Yunos, where he demonstrated that Sultan Haji Hassanal Bolkiah as an exemplary Muslim leader in fulfilling the Maqāsīd. The next is an in-depth exploration and analysis of the Islamic axioms, foundation principles and values underpinning the field of 'Islamic governance' by Malaysian author Maszlee Malik.



Citation: Yunos, Rozan, Sultan Haji Hassanal Bolkiah: Fulfilling Maqasid Al-Shari'ah (Brunei: Qasrun Nafis Publishing House, 2020)



Citation: Maszlee Malik, Asas Tadbir Urus Islam (Kuala Lumpur: Malaysian Institute of Translation & Books, 2017)

Political Islam

The Alchemy of Politics, Theology & Culture

Professor Amin Abdul Aziz

8th August to 24th October 2020
7:30PM to 9:30PM (Every Saturday)

Mawardi Global Classroom

BND\$500 for Public
BND\$300 for UBD Alumni
BND\$150 for UBD Staff & Students

Visit islamicgovernance.org for more info

Upcoming Events

July to December 2020

Policy Webinar: Masters Student's Research Project Presentation

Saturday, 4th July 2020

Master of Defence and Security Studies (MDSS) Orientation

Thursday, 30th July 2020

Public Lecture:

Political Islam - The Alchemy of Politics, Theology & Culture

Saturday, 8th August 2020

Public Lecture: Policy Analysis

Saturday, 22nd August 2020

The Sixth Islamic Governance Symposium (TBC)

Sunday, 8th November 2020

اينستيتوت فڤالاجين داراسر



INSTITUTE OF POLICY STUDIES
UNIVERSITI BRUNEI DARUSSALAM

Stay up to date with
the latest from the IPS

WEBSITE ips.ubd.edu.bn

EMAIL office.ips@ubd.edu.bn

INSTAGRAM [@policystudies.ubd](https://www.instagram.com/policystudies.ubd)

FACEBOOK [ipsubd](https://www.facebook.com/ipsubd)

EDITORIAL BOARD

Dr Iznan Tarip (Lead)

Dr Mahani Hamdan (Advisor)

Mr Alawi Shahrin

Ms Fathin Sulaiman

Mr Fatimah Abu Sufyan

Mr Safwan Azmi

Appreciation Note to Former Editorial Lead: Ms Norainie Ahmad

We would like to extend our huge appreciation to our former editorial lead, Ms Norainie Ahmad, for all her commitment and hard work putting the Newsletter together the past few years. Her leadership in developing much of the marketing and publicity sectors of the Institute has been priceless and we hope to continue to build on the foundation she has laid.



We wish her all the best while she focuses on other work commitments at the IPS. *InshaAllah* we will continue to uphold the quality and standards she has set.

IPS Welcomes its New Academic Member and New Editorial Lead: Dr Iznan Tarip



After spending over a year interning with the IPS, and recently obtaining his PhD from Lancaster University,

United Kingdom, the Institute officially welcomes its long-awaited member into the team. Specialising in institutional governance, business ethics, organisational learning and Islamic philosophy, Dr Iznan is involved in a wide variety of IPS initiatives, primarily situated within the Islamic Governance initiative. He is a Lecturer, as well as Deputy Chief Editor for the Journal of Islamic Governance. As the youngest member of the IPS staff, Dr Iznan hopes to build on the foundations set by his predecessor, inject new energy into the publication, and continue to push the boundaries for the Institute.

Flatten the curve



Wash your
hands



Avoid touching
your face



Stay home
if you're sick